Daily prompts to encourage and support a creative life

a creative tije						
sunday	monday	tuesday	wednesday	thursday	friday	saturday
			1	2	3	4
			What's your morning routine? Share a snapshot of a typical morning.	Free write for 30 minutes. Let your thoughts and ideas flow without stopping.	Share a piece of recent work that you're proud of.	Shake up your environment! Plan a day trip to a nearby town this month.
5	6	7	8	9	10	11
Carve out time for something you normally don't have time for.	Give your workspace a refresh. Organize, clean, and make space for new ideas.	Who inspires you? Give a shout out to a creative whose work you admire.	Spend time working outside today.	What have you been listening to lately? Share your favorite podcasts or artists.	Sign up for a workshop or class to learn a new creative skill.	Visit a museum and share your favorite work of art.
12	13	14	15	16	17	18
Let someone in your support system know how much you appreciate them.	Go for a walk.	Fill in the blank: Being a creative means	What is something you could use help with this month?	Sign up for or attend a creative business event.	Give a glimpse into your creative process by sharing a work in progress.	Visit your favorite local shop.
19	20	21	22	23	24	25
Get visually inspired. Spend some time making a mood board, browsing Pinterest, etc.	What's the best business advice you've received?	Watch something you wouldn't normally watch (documentary, movie, TED talk).	Reach out to someone you've always wanted to have a coffee date with!	Make a list of your dream clients, collaborators, and projects.	Explore a medium that's not your own. Share what you create!	Take a break from technology today by going phone-free.
26	27	28	29	30	31	
Find a quiet corner and spend some time reading.	Sit outside with a notebook and write or draw (whichever you're least comfortable with).	Set up a co-working date with a fellow creative. Head to a coffee shop or library.	Write down your goals for next month.	How do you stay productive? Share a snap of the tools that get you through the day.	Happy birthday to us! Movers + Makers turns 2 today :) Share something you're proud of.	